

**Black Dragon Martial Arts Academy, LLC**  
456 West Main Street  
Norwich, CT 06360

Place Stamp Here



◆ ◆ **Krane AAAA Rated** ◆ ◆

◆ **PSKL Rated** ◆

## THE CONNECTICUT NATIONAL KARATE CHAMPIONSHIP

HOSTED BY: DAN & SHANNON JENKINS

SUNDAY, MARCH 7, 2010  
FOXWOODS RESORT CASINO  
39 NORWICH WESTERLY ROAD  
LEDYARD, CT 06339

**1<sup>st</sup> through 8<sup>th</sup> Place Awards**  
**\$200 Cash Prize for Adult Black Belt**  
**Grand Championships**

CONTACT: 860.892.KICK (5425)

[WWW.CTKARATE.COM](http://WWW.CTKARATE.COM)

THERE ARE LIMITED HOTEL ROOMS AVAILABLE AT FOXWOODS IN THE  
GRAND PEQUOT TOWER OR TWO TREES INN. CALL  
1.800.FOXWOOD (1.800.369.9663) OR BOOK ONLINE AT

[WWW.FOXWOODS.COM](http://WWW.FOXWOODS.COM)

MAKE SURE TO MENTION GROUP CODE: F26663

# Connecticut National Karate Championships

## Registration Form

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 Telephone: \_\_\_\_\_  
 Rank: \_\_\_\_\_ Age: \_\_\_\_\_

School Name: \_\_\_\_\_  
 School Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Instructor: \_\_\_\_\_  
 Light contact to the helmet is permitted in all fight divisions.  
 Birth certificates are required of anyone entering the tournament.

Dear Martial Artists,

Thank you for your interest and support in the Connecticut National Karate Championships. The event will be held on Sunday, March 7, 2010 at the Foxwoods Resort Casino in Ledyard, CT. We welcome all competitors and spectators. We are committed to running an organized tournament and making it a pleasant experience for all involved.

Best Regards,

Dan & Shannon Jenkins

**DATE:**  
 Sunday, March 7, 2010

**LOCATION:**  
 Foxwoods Resort Casino  
 39 Norwich Westerly Road  
 Ledyard, CT 06339

**PRE-REGISTRATION:**  
**\$50.00 for ALL EVENTS.**  
Pre-Registration must be postmarked no later than February 22, 2010.  
**NO PERSONAL CHECKS.** Bank checks or Money Orders only.

**Send registration form and payment to:**  
 Black Dragon Martial Arts Academy, LLC  
 456 West Main Street  
 Norwich, CT 06360

**Make bank checks/money orders payable to:**  
 Black Dragon Martial Arts Academy, LLC

**REGISTRATION:**  
**Day of tournament: \$60.00 for First Event, \$10.00 for each additional event.**  
 Registration will start at 7:30 am until start of division.  
**NO PERSONAL CHECKS.**  
 Cash, Bank Check or Money Orders only.  
 Mouth piece, and Groin protection is mandatory.

**SPECTATORS:**  
 \$15.00 day of tournament.  
 Children 4 and under admitted free.

**ELIMINATIONS:**  
 All weapons divisions will start at 9:00 am  
 All forms and fighting divisions will follow immediately afterward.  
 No refunds will be granted.

**SANCTIONING:**  
 KRANE AAAA  
 PSKL AAA

**TOURNAMENT DIRECTORS:**  
 Dan and Shannon Jenkins

**TOURNAMENT COORDINATORS:**  
 Don Rodrigues and Tony Cogliandro

**MEDICAL:**  
 Ted Plamadon – EMT

**AWARDS:**  
 Trophies – First through Fourth Place  
 Medals – Fifth through Eighth Place

**CASH PRIZES:**  
 Adult Black Belt Grand Champions \$200.00

**RULES:**  
 All divisions will follow KRANE rules.

**BIRTH CERTIFICATES:**  
 All youth competitors must retain on their person Verification of age (i.e. Birth Certificate). The youth Competitor must be able to produce it upon request Or risk disqualification and forfeit all fees.

**EQUIPMENT:**  
 Foam safety gear, foot gear, hand gear, head gear, rib guard,  
**FACE GUARDS ARE MANDATORY IN ALL FIGHTING DIVISIONS 17 & UNDER.**  
**NO EXCEPTIONS.**

**DIRECTIONS:**  
**From New York City:**  
 Take I-95 North to exit 92 in Connecticut. Turn left onto Route 2 West. Foxwoods is eight miles west on Route 2. Drive time: 2 hours 30 minutes.

**From Boston:**  
 Take I-95 South to exit 92 in Connecticut. Go straight at the stoplight. At the next stoplight, turn right onto Route 2 West. Foxwoods is eight miles west on Route 2. Drive time: 1 hour 45 minutes.

**From Hartford:**  
 Take I-84 East to Exit 55 – Route 2 East. Foxwoods is nine miles past Norwich on Route 2. Drive time: 50 minutes.

**From Providence:**  
 Take I-95 South to Exit 92 in Connecticut. Go straight at the stoplight. At the next stoplight, turn right onto Route 2 West. Foxwoods is eight miles west on Route 2. Drive time: 45 minutes.

**\*More directions can be obtained on [www.foxwoods.com](http://www.foxwoods.com)**

wish to enter the following divisions: **DIVISIONS: Beginner:** white, yellow, orange. **Intermediate:** green, blue, purple. **Advanced:** brown, red

### Adult Black Belt Divisions

Forms	Weapons	Fighting
<input type="checkbox"/> 18-29 Men Open <input type="checkbox"/> 18-29 Men Traditional <input type="checkbox"/> 18-29 Women Open <input type="checkbox"/> 18-29 Women Trad. <input type="checkbox"/> 30-39 Men	<input type="checkbox"/> 30-39 Women <input type="checkbox"/> 40-49 Men <input type="checkbox"/> 40-49 Women <input type="checkbox"/> 50+ Men <input type="checkbox"/> 50+ Women	<input type="checkbox"/> 18-29 Traditional Men <input type="checkbox"/> 18-29 Open Men <input type="checkbox"/> 18-29 Traditional Women <input type="checkbox"/> 18-29 Open Women <input type="checkbox"/> 30-39 Men <input type="checkbox"/> 30-39 Women <input type="checkbox"/> 40-49 Men <input type="checkbox"/> 40-49 Men <input type="checkbox"/> 50+ Men <input type="checkbox"/> 40-49 Women <input type="checkbox"/> 50+ Women
		<input type="checkbox"/> 18-29 Men's light (159 & under) <input type="checkbox"/> 18-29 Men's Middle (160-179 lbs) <input type="checkbox"/> 18-29 Men's Heavy (180 & over) <input type="checkbox"/> 30-39 Men <input type="checkbox"/> 40-49 Men <input type="checkbox"/> 50+Men
		<input type="checkbox"/> 18-29 Women's light (129 & under) <input type="checkbox"/> 18-29 Women's heavy (130 & over) <input type="checkbox"/> 30-39 Women <input type="checkbox"/> 40-49 Women <input type="checkbox"/> 50+ Women

### Junior Black Belt Divisions

Forms – Coed	Weapons-Coed	Fighting – Boys	Fighting – Girls
<input type="checkbox"/> 9 & Under Open <input type="checkbox"/> 9 & Under Traditional <input type="checkbox"/> 10-11 Open <input type="checkbox"/> 10-11 Traditional <input type="checkbox"/> 12-13 Open <input type="checkbox"/> 12-13 Traditional	<input type="checkbox"/> 14-15 Open <input type="checkbox"/> 14-15 Traditional <input type="checkbox"/> 16-17 Open <input type="checkbox"/> 16-17 Traditional	<input type="checkbox"/> 9 & Under <input type="checkbox"/> 10-11 <input type="checkbox"/> 12-13 <input type="checkbox"/> 14-15 <input type="checkbox"/> 16-17	<input type="checkbox"/> 9 & Under <input type="checkbox"/> 10-11 <input type="checkbox"/> 12-13 <input type="checkbox"/> 14-15 <input type="checkbox"/> 16-17

### Adult Divisions

Forms	Weapons	Fighting	Fighting
Men's	Women's	Men's	Women's
<input type="checkbox"/> 18-29 Beg <input type="checkbox"/> 18-29 Inter <input type="checkbox"/> 18-29 Adv <input type="checkbox"/> 30-39 All Ranks <input type="checkbox"/> 40+ All Ranks	<input type="checkbox"/> 18-29 Beg/Inter <input type="checkbox"/> 18-29 Adv <input type="checkbox"/> 30-39 All Ranks <input type="checkbox"/> 40+ All Ranks	<input type="checkbox"/> 18-29 Beg/Inter Men <input type="checkbox"/> 18-29 Adv Men <input type="checkbox"/> 18-29 Beg/Inter Women <input type="checkbox"/> 18-29 Adv Women <input type="checkbox"/> 30-39 All Ranks Men <input type="checkbox"/> 30-39 All Ranks Women <input type="checkbox"/> 40+ All Ranks Men <input type="checkbox"/> 40+ All Ranks Women	<input type="checkbox"/> 18-29 Beg/Inter <input type="checkbox"/> 18-29 Adv <input type="checkbox"/> 30-39 All Ranks <input type="checkbox"/> 40+ All Ranks

### O=Open T=Traditional

Forms - Coed O/T	Fighting - Girls	Fighting - Boys
O/T	O/T	O/T
<input type="checkbox"/> 5 & Under All Ranks <input type="checkbox"/> 6-7 Beginner <input type="checkbox"/> 6-7 Inter. <input type="checkbox"/> 6-7 Advanced <input type="checkbox"/> 8-9 Beginner <input type="checkbox"/> 8-9 Intermediate <input type="checkbox"/> 8-9 Advanced <input type="checkbox"/> 10-11 Beginner <input type="checkbox"/> 10-11 Intermediate <input type="checkbox"/> 10-11 Advanced	<input type="checkbox"/> 5 & Under All Ranks <input type="checkbox"/> 6-7 Beginner <input type="checkbox"/> 6-7 Inter. <input type="checkbox"/> 6-7 Advanced <input type="checkbox"/> 8-9 Beginner <input type="checkbox"/> 8-9 Intermediate <input type="checkbox"/> 8-9 Advanced <input type="checkbox"/> 10-11 Beginner <input type="checkbox"/> 10-11 Intermediate <input type="checkbox"/> 10-11 Advanced	<input type="checkbox"/> 5 & Under All Ranks <input type="checkbox"/> 6-7 Beginner <input type="checkbox"/> 6-7 Inter. <input type="checkbox"/> 6-7 Advanced <input type="checkbox"/> 8-9 Beginner <input type="checkbox"/> 8-9 Intermediate <input type="checkbox"/> 8-9 Advanced <input type="checkbox"/> 10-11 Beginner <input type="checkbox"/> 10-11 Intermediate <input type="checkbox"/> 10-11 Advanced

### Weapons – Coed – Under Black Belt

<input type="checkbox"/> 7 & Under Beg	<input type="checkbox"/> 8-9 Beg	<input type="checkbox"/> 10-11 Beg	<input type="checkbox"/> 12-13 Beg	<input type="checkbox"/> 14-15 Beg	<input type="checkbox"/> 16-17 Beg
<input type="checkbox"/> 7 & Under Inter	<input type="checkbox"/> 8-9 Inter	<input type="checkbox"/> 10-11 Inter	<input type="checkbox"/> 12-13 Inter	<input type="checkbox"/> 14-15 Inter	<input type="checkbox"/> 16-17 Inter
<input type="checkbox"/> 7 & Under Adv	<input type="checkbox"/> 8-9 Adv	<input type="checkbox"/> 10-11 Adv	<input type="checkbox"/> 12-13 Adv	<input type="checkbox"/> 14-15 Adv	<input type="checkbox"/> 16-17 Adv

Physically Challenged Weapons (All Ages / Coed)

Physically Challenged Forms (All Ages / Coed)

**I, the undersigned, do hereby release Dan and Shannon Jenkins, Black Dragon Martial Arts Academy, LLC, Don Rodrigues, Tony Cogliandro, Ted Plamadon, Foxwoods Resort Casino and all other persons associated with this event in any capacity, including but not limited to sponsors, judges, promoters, and the City of Ledyard, CT from any liability due to injuries, etc. that I may incur as a result of my attendance.**

**Furthermore, I hereby waive any compensation whatsoever for the use of pictures, movies, media coverage, etc. by the promoter. No refunds or prepayments.**

**I clearly understand that the fight aspect of this sport and competition involves body contact. I have read, understand and agree to abide by the rules associated with this event and assume all responsibility and any associate liability for infringement of such rules. Additionally, I am fully aware of my personal medical conditions and hereby certify that I am Mentally and physically fit to compete at the Connecticut National Karate Championship.**

Signature

Signature or Parent or Guardian, if under 18

Date